WOMEN’S HEALTH CONFERENCE

June 14-16, 2018
Thursday–Saturday

SPONSORED BY:
UC DAVIS HEALTH
Office of Continuing Medical Education and Women’s Cardiovascular Medicine Program
Thursday, June 14, 2018

7:15 am  Registration, Continental Breakfast, Visit Exhibits
7:50  Welcome and Course Objectives
8:00 am  Women’s Health in the Age of Precision Medicine (part A)
         Marjorie Jenkins, MD
8:45  Informatics and Medicine – Making Technology
      Work for You and Your Practice
      Marlene Millen, MD
9:30  Panel Q/A
9:45  Break
10:15  Contemporary Management of Hyperlipidemia
       Alan Chait, MD, PhD
11:00  Update on HTN Guidelines
       Amparo Villablanca, MD
11:45  Panel Q/A
12:00 pm  Lunch
1:00  Diabetes, Exercise, and Cardiovascular Disease
      Judith Regensteiner, PhD
1:45  Q/A
2:00  Special Workshop: Yoga for Body and Mind
      Linda Larsen, RN-BC
3:00  Adjourn
5:30 - 6:30  Meet the Faculty Hors d’oeuvres and Wine Reception
            Join the faculty for a special early evening reception
            enjoying the ambiance of the Napa Valley. Admission
            included in tuition, additional charge for guests, see
            registration form.

Friday, June 15, 2018

7:15 am  Registration, Continental Breakfast, Visit Exhibits
7:00 am  Breakfast Roundtables
         Optional, informal meet-the-faculty discussions
         Seating is limited to ten per table, no pre-registration
1. Stress Reduction
   Robert Kaye, MD
2. Dementia
   John Rutledge, MD
3. Precision Medicine
   Marjorie Jenkins, MD
4. Ask the Pharmacist – Meds for HTN, Lipids,
   and Stroke Prevention
   Jeff Langford, PharmD
8:00  Precision Medicine and Women’s Health (part B)
      Judith Regensteiner, PhD
8:45  Mindfulness-Based Stress Reduction
      Robert Kaye, MD
9:30  Panel Q/A
9:45  Break, Visit Exhibits
10:15  NSAIDs, CV disease, and CHF
       Jeff Langford, PharmD
11:00  Atrial Fibrillation in Women: Greater Risk,
       Less Attention
       Gagan Singh, MD
11:45  Panel Q/A
12:00 pm  Lunch
1:00  Case Presentations: Obesity and Cardiovascular Disease: What is the Link?
      Alan Chait, MD, PhD
1:45  Case Presentations: Diet, Gender, and Cognitive Function
      John Rutledge, MD
2:30  Panel Q/A
3:00  Adjourn
GENERAL WOMEN’S HEALTH AND GYNECOLOGY SYMPOSIUM

Saturday, June 16, 2018

7:00 am
Registration, Continental Breakfast, Visit Exhibits

7:00
Breakfast Roundtables
Optional, informal meet-the-faculty discussions
Seating is limited to ten per table, no pre-registration

5. Mental Health in Women
Ruth Shim, MD

6. Family Caregiving
Terri Harvath, RN, PhD

7. Contraception
Melissa Chen, MD

8. Sexual Health
Vanessa Kennedy, MD

8:00
Sexual Health after Cancer
Vanessa Kennedy, MD

8:45
Minimally Invasive Gyn Surgery and Robotics
Bahareh Nejad, MD

9:30
Panel Q/A

9:45
Break, Visit Exhibits

10:15
Family Caregiving
Theresa Harvath, RN, PhD

11:00
Social Determinants of Mental Health in Women
Ruth Shim, MD, MPH

11:45
Panel Q/A

12:00 pm
Lunch (on your own)

1:00
Racial Disparities in Contraceptive Use and Effectiveness
Melissa Chen, MD, MPH

1:45
Precision Medicine and Non-Invasive Perinatal Screening
Herman Hedriana, MD

2:30
Panel Q/A

2:45
Concluding Remarks

3:00
Adjourn

Faculty

COURSE CHAIR
Amparo C. Villablanca, MD
Professor and Lazda Endowed Chair, Cardiovascular Medicine
Director, Women’s Cardiovascular Medicine Program
Division of Cardiovascular Medicine
University of California, Davis

CARDIOVASCULAR SYMPOSIUM

GUEST FACULTY
Alan Chait, MD, PhD
Professor of Medicine, Division of Metabolism, Endocrinology and Nutrition
University of Washington, Seattle

Marjorie Jenkins, MD, MedHP
Professor of Medicine
Chief Scientific Officer Laura W. Bush Institute for Women’s Health
Texas Tech University Health Sciences Center

Jeff Langford, PharmD, B CPS
Clinical Pharmacy Specialist, Cardiology
Pharmacist’s and Prescriber’s Letter

Marlene Millen, MD
Professor Clinical Medicine
Director of the Altman Clinical and Translational Research Institute (ACTRI)
B:omic Medical Informatics Unit
Chief Clinical Research Information Officer for UC San Diego Health
University of California, San Diego

Judith Regensteiner, PhD
Judith and Joseph Wagner Chair in Women’s Health Research
Director, Center for Women’s Health Research
Director, Office of Women in Medicine and Science
University of Colorado School of Medicine

Robert Kaye, MD
Assistant Clinical professor, Department of Anesthesiology and Pain Medicine
Qualified MBSR Instructor

Linda Larsen, RN-B C, RYT
Preventative Cardiology Program
Certified Yoga Therapist

John C. Rutledge, MD
Professor, Cardiovascular Medicine
Harrison Endowed Chair in Diabetes Research
Division of Cardiovascular Medicine

Gagan Singh, MD
Assistant Professor, Cardiovascular Medicine/Interventional Cardiology

Ruth Shim, MD, MPH
Luke & Grace Kim Professor in Cultural Psychiatry
Associate Professor, Department of Psychiatry and Behavioral Sciences

Melissa Chen, MD, MPH
Assistant Professor
Department of Obstetrics and Gynecology

Theresa Harvath, RN, PhD
Professor and Executive Associate Dean
Director, Family Caregiving Institute
School of Nursing

Herman L. Hedriana, MD
Associate Clinical Professor and Chief, Maternal and Fetal Medicine
Department of Obstetrics and Gynecology
Division of Maternal Fetal Medicine

Vanessa Kennedy, MD
Assistant Professor
Gynecologic Oncology
Department of Obstetrics and Gynecology

Bahareh (Behy) Nejad, MD
Associate Clinical Professor
Director of Robotic Surgery
Department of Obstetrics and Gynecology
TARGET AUDIENCE
This activity is designed for primary care physicians, internists, specialists, and obstetricians/gynecologists. This conference is also designed to meet the educational needs of nurses, nurse practitioners, physician assistants, dietitians, clinical pharmacists, and other allied health professionals who are part of multidisciplinary women’s health teams.

EDUCATIONAL NEED
UC Davis Health is committed to discovering and sharing knowledge to advance health. This knowledge and evidence based course is designed to change physician competence through cutting edge information about new frontiers in heart disease in women, reproduction, and other key topics in women’s health and general gynecology. Faculty presenting and interacting with participants at this activity have been selected on the basis of their comprehensive clinical experience and academic excellence.

The conference will gather a prestigious group of physicians, nurses, and allied healthcare providers to provide practical, clinical information about cutting-edge therapeutic protocols, advances in diagnosis and management, and innovative translational research advances that impact women’s health care.

The 2018 Women’s Health Conference with cardiovascular, general women’s health and gynecology symposia will provide an update on health care for women and focus on gender-specific aspects and care of diseases occurring in women. Through lectures, panel discussions, question and answer sessions, breakfast roundtables, and case-based discussions the course is designed to address the sex and gender-based differences in many health conditions that affect women and men. There are few courses nationwide that address the broad scope of these issues.

EDUCATIONAL OBJECTIVES
At the end of the activity, participants will be able to:

Cardiovascular Symposium: June 14-15
- Discuss new advances in the management of hypercholesterolemia
- Describe the impact of precision medicine on women’s health
- Discuss new guidelines in the management of hypertension
- Discuss approaches to diabetes and exercise in cardiovascular disease
- Summarize how to make technology work for your practice
- Explain how to integrate stress reduction and mindfulness into clinical practice
- Describe the benefits of mindfulness for stress reduction
- Understand the greater risk of atrial fibrillation in women
- Identify the pitfalls of NSAID use in heart failure
- Describe the impact of diet on dementia

General Women’s Health and Gynecology Symposium: June 16
- Understand the impact of cancer on sexual health
- Describe the application of precision medicine to perinatal screening
- Discuss the social determinants of mental health in women
- Understand advances in the use of minimally invasive surgery and robotics in gynecology
- Discuss family caregiving in the context of health and disease
- Describe racial disparities in contraceptive use and effectiveness
CONFERENCE REGISTRATION
Please register early – space is limited.
Tuition is $525 for all attendees. **Confirmation of registration will be sent within two weeks after receipt of registration form.** The fees will increase after May 11, 2018.
Tuition includes three continental breakfasts, two luncheons, Thursday evening “Meet the Faculty Reception” (additional charge for guest, see registration form), refreshment breaks, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund of tuition will be given.
Registration forms received without payment will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.
**Cancellation and Refund Policy:** A refund of tuition, less $75 administrative fee, will be allowed if requested in writing by May 11, 2018. No refunds will be provided after this date.

SYLLABUS
The electronic syllabus will be available to pre-registered attendees online prior to the conference for downloading and printing. A flash drive containing the syllabus will be distributed at the conference. There will be no printed syllabus for this activity.

ACCREDITATION
University of California, Davis, Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION
**Physician Credit:** University of California, Davis, Health designates this live activity for a maximum of 18 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AAFP CREDIT**
Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

**AMA PRA Category 1 Credits™ acceptable for other health care providers**

**Nurse:** For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credits™** issued by organizations accredited by the ACCME. For the purpose of re-licensure, the California Board of Registered Nursing accepts **AMA PRA Category 1 Credits™** (report up to 18.5 hours of credit and fill in “CME Category 1” for the provider number).

**Pharmacist:** The California State Board of Pharmacy accepts coursework which meets the standard of relevance to Pharmacy practice and has been approved for **AMA PRA Category 1 Credits™**.

**Physician Assistant:** The National Commission on Certification of Physician Assistants (NCCPA) states that **AMA PRA Category 1 Credits™** are acceptable for continuing medical education requirements for recertification.

ELECTRONIC EVALUATION AND CREDIT
The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the online evaluation your certificate will be available to print. After 30 days this link will expire and these items are no longer available online. Please contact the Office of CME to receive your certificate. A $15 administrative fee will be applied.
A block of rooms is being held for conference participants at rates of:

**SINGLE/D Double: $259**

Plus hotel tax, sales tax and daily resort fee (extension dates may be available). After May 11, 2018, reservations will be on a space and rate available basis. Reserve your room at https://aws.passkey.com/e/49610197 a dedicated site for our attendees.

A Wine Country Resort

Centrally located in idyllic Wine Country, The Meritage Resort and Spa in Napa offers easy access to Napa Valley, Sonoma County, and several major airports. We’re situated at the southern tip of Napa Valley at the crossroads of Hwy 29 and Hwy 221, just a few minutes from the celebrated Carneros wine-growing region that connects Napa and Sonoma counties.

AIR TRAVEL
San Francisco International Airport (SFO)
Oakland International Airport (OAK)
Sacramento International Airport (SMF)
The Office of Continuing Medical Education has arranged group rates with United Airlines.

**United Airlines Group Discount:** To obtain Groups and Meetings discount prices go to http://www.united.com/meetings, click on “Book meetings reservations” and enter **Offer Code: ZEJW633530**.

GROUND TRANSPORTATION
Discounted car rental may also be booked through United Airlines using the offer code above.

Evans Transportation offers shuttles from the San Francisco and Oakland International Airports. Call (707) 255-1559 for more information or visit their website at evanstransportation.com

FOR FURTHER INFORMATION
UC Davis Conference and Event Services
116 A Street
Davis, CA 95616
(530) 747-3830
events@ucdavis.edu
Registration Form (please print)

First Name M.I. Last Name

☐ MD ☐ DO ☐ PhD ☐ PharmD ☐ RPh ☐ PA ☐ NP ☐ RN ☐ Other Lic. #

Institution/Employer (as you would like it to appear on your badge) Profession/Occupation

Address (where you would like your receipt mailed.)

City State Zip Code

Day Phone Fax Number

Email for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information: Please indicate your primary medical specialty:

☐ FP ☐ GP ☐ IM ☐ Other (specify) 

Social Security Number (last 4 digits required for transcript purposes)

If you did not receive a brochure in the mail, how did you hear about this conference?
(Example: PT&MG, UCD website, web search, magazine, friend)?

Have you attended this conference in the past? ☐ Yes ☐ No

REGISTRATION FEES
(Receipt/Confirmation will be mailed within two weeks)

<table>
<thead>
<tr>
<th>Early Discount</th>
<th>After May 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Participants</td>
<td>$525</td>
</tr>
<tr>
<td>Onsite</td>
<td>$625</td>
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</tbody>
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MEET THE FACULTY RECEPTION | Thursday, June 14, 2018 | 5:30 - 6:30 PM
(included in tuition, preregistration required, guests invited at additional charge)

☐ I will attend the reception alone
☐ I will not attend the reception
☐ I will attend the reception with guests: #________ adults
   @ $80 each guest = $________
   Name(s):

If you need disability accommodations at the meeting, please let us know by May 11, 2018 and our representative will contact you.

Please note special dietary/food allergy requirements

Register online at conferences.ucdavis.edu/whc2018.

Mail this registration form and payment to: UC Davis Conferences and Events Services
116 A Street
Davis, CA 95616
ATTN: WHC 2018

Telephone: (530) 747-3851

Email: events@ucdavis.edu
WOMEN’S HEALTH CONFERENCE

June 14-16, 2018
Thursday–Saturday

HIGHLIGHTS
Cutting Edge Advances in:

- Diet and Dementia
- Heart Disease in Women
- Precision Medicine
- Management of Lipid Disorders
- HTN management
- Pharmacotherapy and NSAIDS
- Stress Reduction and Mind/Body Connection Through Yoga
- Informatics and Technology in Women’s Health
- Atrial Fibrillation and Stroke Protection
- Diabetes, Obesity and Diet
- Minimally Invasive and Robotic Surgery Use in Gynecology
- Sexual Health after Cancer
- Mental Health
  - Health Disparities
  - Contraceptives Use and Effectiveness
- Breakfast Roundtables, Case-Based Discussions, Didactic Lectures,
  Meet the Faculty Reception
- And more!

Maximum of 18
AMA PRA Category 1 Credits™